

Fall Practice Schedule 2025/26

Storm Gym

Times	Monday	Tuesday	Wednesday	Thursday	Friday
3:20 – 5:05 Court 1/2	Bantam Boys Joel Woodfin	Bantam Girls Jill Deeney	Bantam Boys Joel Woodfin	Bantam Girls Jill Deeney	Available non-tournament weekends
5:10 – 6:55 Court 1/2	Junior Boys Rob Ochiena	Junior Girls (Storm) Andrea Watkins	Senior Girls Storm Clint	Senior Boys Vanessa	
	Senior Girls Lightning (McKim)			Senior Girls Lightning	
7:00 – 8:45 Court 1/2	Senior Girls Clint	Senior Boys Vanessa	Junior Boys Rob Ochiena	Junior Girls (Storm) Andrea Watkins	
		Junior Girls Lightning (McKim)		Junior Girls Lightning (McKim)	

Storm Field

Times	Monday	Tuesday	Wednesday	Thursday	Friday
See specific sport	Rugby 7's 3:20 – 5:00 pm	Boys Soccer 3:20 – 5:00 pm	Rugby 7's 3:20 – 5:00 pm	Boys Soccer 3:20 – 5:00 pm	Available non-tournament weekends

XC Running & Swimming

Times	Monday	Tuesday	Wednesday	Thursday	Friday
See specific sport	XC Running 3:20 pm		XC Running 3:20		Swimming 7:00am-8:00am
	Swimming 5:00pm-6:00pm				