



Selkirk Athletics Handbook & Philosophy

SELKIRK SECONDARY SCHOOL

REVISED SPRING 2025

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THANK YOU LETTER,

Dear Coach,

Thank you in advance for your time and effort coaching at Selkirk. We appreciate your involvement with Selkirk Secondary School Athletics providing an opportunity for our youth to experience a great sport and become better athletes. We have enclosed a coaching package that will cover a wide variety of topics, designed to help ease the burden of organization, so you can do what you really want to do, coach!

Please review all the documentation enclosed and feel free to contact Gregg Woytowich, Athletic Director, or Clint Dolgopol, Principal if you have any questions. Again, welcome to Selkirk Secondary School Athletics and good luck with your team this year!

Sincerely,

Gregg Woytowich
Athletic Director

Clint Dolgopol
Principal

SELKIRK ATHLETIC PHILOSOPHY

General Statement

At Selkirk Secondary School our primary objective is to develop athletes, but it is more than that. We want them to learn the right way to play. That means the right skills, the right attitude, and the "team" concept. Yes, we would like to win, but not at all costs. We know from experience, that if players are patient and get ample opportunity to perform, eventually success will come our way.

We view success as the development of a good person, who has learned how to play the sport properly, with dignity and class. If we can accomplish this, our athletes will graduate high school with the desire to be involved in athletics beyond their teenage years.

Coaches, athletes, and parents are encouraged to work together to make the athletic experience a positive one for all involved. With the 'team' concept in mind, the following guidelines have been established to help make sure that student-athletes are rewarded with the best experience possible.

Character Building

Experiences through sport often mimic life situations. Athletes often develop skills through sporting experience that help in other aspects of life. Learning to win is as important as learning how to deal with loss. Learning to cooperate and work as a team is also important. Sport provides opportunities for decision making and judgment calls. Through all of this, we feel that student-athletes can develop character and grow personally. Sometimes it is necessary for parents to guide and advise, while there are times when students benefit more greatly by figuring out situations on their own.

Every Athlete Has a Role

Each member of a team is valuable to the teams' overall success. Each sport and each level of play may have different goals for individuals and the team. As teams move from fundamental skill development, to entering competitive phases of sport programs, it can be expected that issues, such as play-time, will change. There are times when an athlete needs to accept a role within the team other than what their expectation is. This is another learning opportunity that can be a positive experience.

Development Approach

Our school philosophy is highlighted in our philosophy on the structure of teams and level of competitiveness. Regardless of the level of competitiveness or performance of the team, it is important that the focus is always on developing athletes in all areas including skill, sportsmanship, attitude.

KEY DEFINITIONS

1. Values of Fair Play

Fair play emphasizes the importance of integrity, respect for others, and honesty in sports. These often include:

- **Respect for Officials and Opponents:** Athletes are encouraged to accept decisions made by referees, avoid arguing with them, and treat their opponents with respect, both on and off the field.
- **Safety and Well-being:** Ensuring that games are played with the health and safety of all participants in mind is a cornerstone of fair play policies. This includes preventing injuries through proper training and equipment.
- **Sportsmanship:** Good sportsmanship includes shaking hands after the game, acknowledging both the success and failure of the game, and not engaging in unsporting conduct like taunting, cheating, or using performance-enhancing substances.
- **Encouragement and Positive Attitude:** Athletes are encouraged to display a positive attitude, help others improve, and celebrate the success of teammates and opponents alike.

- **Integrity of Competition:** This involves playing within the rules, upholding the spirit of the game, and not engaging in any actions that undermine the fairness of the competition.

2. Values of Equal Play

Equal play policies focus on giving all athletes the opportunity to participate and develop, but these policies can vary significantly in terms of interpretation:

- **Development Focus:** In some schools, the focus is on offering all athletes equal opportunities to play, especially in lower-level or developmental teams. This policy ensures that players of all skill levels get playing time, which is essential for their growth and enjoyment of the sport.
- **Non-Discriminatory Selection:** Equal play often means that selection for teams or playing time should not be influenced by factors such as gender, race, socioeconomic background, or physical disability. This is part of ensuring that all students have an equal opportunity to be part of athletic teams.
- **Equitable Access:** Schools may ensure that athletic teams, especially at the junior level, are open to all students who wish to try out, with emphasis on effort and attitude rather than just skill. The goal is for every player to get a chance to participate in games, with the understanding that as players advance to higher levels, playing time may be influenced by skill level and commitment.
- **Balance of Skill and Participation:** At higher competitive levels, equal play can sometimes be in tension with fair competition. While all athletes are encouraged to be involved, playing time may be more based on performance, team needs, and strategic considerations. However, schools often still try to balance this with opportunities for everyone to contribute.

Differences Between Fair Play and Equal Play

- **Fair play** is about playing by the rules, showing respect, and fostering a positive environment for everyone involved, regardless of their skill level.
- **Equal play**, on the other hand, is about ensuring that every athlete, especially at the grassroots or developmental level, gets a chance to play and participate. It's more focused on providing opportunities rather than strictly on competition and performance.

Real-World Applications

In practice, many schools try to find a balance:

- For example, in recreational or developmental sports leagues, all students might be guaranteed playing time, but in more competitive levels, playing time might be earned through skill, effort, and strategy.
- Coaches are often tasked with creating an environment where each player feels valued, whether they are advanced or beginners, while still ensuring the team remains competitive.

****Athletics should not be used as an excuse for incomplete schoolwork. Student-athletes are responsible for keeping up their academic standing.**

Playing Time and Equal Play:

- It is based on athlete attendance, readiness, modeling of the values of fair play, injuries, and team composition and needs.
- **Bantam (Gr. 8) Levels (Developmental): Ensures all athletes compete about the same amount of time in a game and/or tournament.** Depending on the roster's size and the sport's configuration, equal playtime may be reflected over the course of a tournament weekend, not exactly in every contest.

- See examples below:
 - **Volleyball**- each player will play the equivalent of one full set each match unless a player indicates they do not feel comfortable playing in a particular match. During the third sets and one in playoffs at the zone tournament, the line- up will be the coaches' decision based on a variety of factors.
 - **Basketball**- each player will play the equivalent of one full quarter each game, unless a player indicates they do not feel comfortable playing in a particular match. The fourth quarter and playoffs at the zone tournament will be the coaches' decision based on a variety of factors.

Playing Time and Fair Play:

- It is based on athlete attendance, readiness, modeling of the values of fair play, injuries, and team composition and needs.
- **Junior Levels (combination of development and competitive):** Coaches are encouraged to provide balanced playing time to ensure all participants can develop skills, build confidence, and experience the game. Playing time may vary based on skill, effort, and strategy, while considering situations, safety, and level of play, but fair play values still apply.

Please see examples for specific team sports:

Volleyball (Junior Levels- Lightning)- If players have met the values of fair play, the following guidelines will be followed:

- Each player will play the equivalent of 15 points in a set or combination of sets in a match unless a player indicates they do not feel comfortable playing in a particular match. The third set will remain the coaches' decision based on a variety of factors.
- The zone tournament will take on a more competitive model and playing time will be fully at the coaches' discretion. Coaches should communicate clearly and transparently while fostering team unity in advance of and during the zone tournament.

Volleyball (Junior Levels- Thunder)- coaches will follow fair play and make every attempt to play athletes up to 1/3 of the time. This may be done across matches rather than within matches. In general, a more senior philosophy will be followed for these teams with an in between senior and junior Lightning approach followed.

In the cases of one Junior team, coaches will make every attempt for athletes to play 1/3 of the time or more across matches.

Basketball (Junior Levels)- If players have met the values of fair play, the following guidelines will be followed:

- Each player will play the equivalent of one full quarter each game, unless a player indicates they do not feel comfortable playing in a particular game. The fourth quarter, tournament final games, and all games at the zone tournament will be the coaches' decision based on a variety of factors.

Senior Teams (Competitive): Playing time may vary based on skill, effort, and strategy, while considering situations, safety, and level of play. Coaches should communicate expectations clearly and foster team unity, even when playing time is unequal.

Multi-grade sports (Bantam, Junior, Senior combined)- Depending on numbers, multi-grade sports will follow fair play values with a strong consideration towards player safety. There will be times when coaches do not play younger players against more senior teams for reasons of safety and to prevent players from being put into a situation that is beyond their developmental stage. As much as possible, fair play will be considered for these sports.

Please note that the fee will be the same for each student-athlete regardless of playing time. It is expected that when athletes take a roster spot, they are committed to the full season and are transparent with their coaches and the

school if they need to miss an event for an extenuating circumstance. The fee remains the same for all roster players regardless of the number of tournaments they participate in. Refunds may be considered in case of injury during the season and inability to continue with the season as a result.

Note: Coaches are expected to make decisions about playing time that align with fair play, balancing individual growth with team success.

The number of participants on any given team is a function of those needed to conduct an effective and meaningful practice and to play competitively in the contest. The outlines below are simply guidelines, and teams may face cuts at each age category dependent on coach availability.

Bantam (Grade 8)

Team Logistics

- try-outs and cuts may take place if:
 - There are more than 15 athletes.
 - There is limited coaching availability.

Team Competitiveness Philosophy

- Bantam is a time for exploration and discovery of a sport.
- This year is about age-appropriate focus on skill development and socialization.
- Each player will receive equal playing time.
- Equal play is expected throughout the season for development of all players, however;
 - in tournament final games, zone final games, coaches may use their discretion and use fair play.

Junior (Grade 9/10)

Team Logistics

- try-outs and cuts may take place if:
 - There are more than 15 athletes.
 - There is limited coaching availability.
- Regular attendance by student-athletes at all practices and games is expected.

Team Competitiveness Philosophy

- Each player will receive fair playing time.
- Fair play is expected throughout the season for development;
 - However, in tournament final games, zone final games, coaches may use their discretion.

Senior (Grade 11/12)

Team Logistics

- Try-outs and cuts should be expected at this level.
- Regular attendance by student-athletes at practices and games is expected.

Team Competitiveness Philosophy

- Playing time is based upon skill, an understanding and ability to employ team strategy, coachability, and sportsmanship.
- Coachability is an athlete who demonstrates an openness to receiving constructive feedback from their coaches in a positive manner and shows a growth mindset.
<https://www.ncsasports.org/recruiting/how-to-get-recruited/coachable>
- Fair play is expected, though not every team member will play in each contest.

Multi-Grade Teams

- Fair play is expected however;
 - Play time may be reflected to keep kids safe.
 - Play time may be adjusted based on the competitiveness and grade configuration of the opponent.
- Roster size may be adjusted based on the logistics of zone and provincials' championship configuration.

Tryout Policy

At Selkirk Secondary School, the tryout policy is implemented on an as-needed basis, typically arising due to a shortage of coaches or specific program requirements. The school aims to foster inclusivity and participation in sports, but occasionally, circumstances may necessitate tryouts to ensure fair assessment and team selection. Selkirk recognizes the importance of maintaining competitive and well-rounded athletic teams while striving to accommodate the varying skill levels and interests of the student body. Tryouts are conducted with transparency and fairness, adhering to established criteria to assess individual abilities, commitment, and potential contributions to the team. The goal is to create an environment where every student-athlete can display their skills and passion for the sport while ensuring the continued success and competitiveness of the school's athletic programs. Selkirk will follow the tryout protocols below:

1. Tryout dates and time will be communicated by the school. These dates and times will be established with the coaches and usually take place during the team's scheduled practice time.
2. All tryouts are a maximum of two on court sessions. Coaches and other evaluators will conduct player evaluations; any extra tryouts will be at the discretion of the coach and Athletic Director.
3. Evaluators/ Coaches are to evaluate players on, but are not limited to the following areas and criteria:
 - a. individual skill and potential,
 - b. team awareness,
 - c. coach-ability and attitude,
 - d. work ethic, and
 - e. overall fit with team.
 - f. School, practice, and game attendance (including previous history of)
 - g. Compliance with school and team expectationsPlease see the [appendices](#) for further information on per-sport evaluation.
4. All players must attend both tryout sessions or have a letter explaining the player's absence from a tryout.
5. In the event of a personal conflict (parent coach-player conflict), another evaluator or coach with no affiliation with either person will be present to ensure no biased decision is made.
6. After the tryout and evaluation process, players will be notified in an in-person meeting held at the beginning of a practice or during the school day.

7. Parents are not allowed to contact the coaches or team managers to contest the decision if their child is not selected. If the parent believes that the selection decision was not made in conformity with this policy, they may submit a written request to the Athletic Director and Administration within one week of the decision.

Playing Up

In certain situations, it may be beneficial or needed for athletes to play at a level above what they are registered for. This is not a common occurrence but may take place in specific situations where it benefits both the team and athlete.

- Coaches are not to 'recruit' junior age players.
- **Coaches must speak directly with athletic director(s) first and junior coach before expressing any interest to the junior player.** In these situations, the athlete, the family, coaches, and athletic directors are consulted. A final decision will be made by the school Athletic Director in consultation with relevant parties.

BC School Sport mandates that student-athletes can now play-up to a more senior team during league play without restriction on the number of days. A student-athlete who is otherwise eligible and is registered is eligible to join the more senior team in that sport after the completion of the lower age level team's restricted competition and play-off schedule.

Junior Provincials

Junior Provincials are not sanctioned by BC School Sports. Therefore, junior teams wanting to compete at a junior provincial tournament must submit a written request to Selkirk's Athletic Directors. The request will state their reasons for participating, players and chaperones committed to going, and a breakdown of costs. The request should be made as early in the season as possible so parents/guardians can be made aware of potential costs (no school funding is available). This tournament must not interfere with local zone championships. A final decision will be made by the school Athletic Director in consultation with relevant parties.

Provincials

Selkirk fully supports attending Provincials for our senior athletic teams; however, the participation is contingent on parent support, coach availability, and athlete willingness.

Fundraising for athletics is reserved for Senior Teams attending Provincial Tournaments to help offset the costs associated with travel, accommodation, and entry fees. All fundraising proposals are submitted by coach's/team managers to administration for approval before it is organized and is solely parent and coach run.

All teams going to Provincials will receive the following amount of supplementary support from the school

- \$50 in regions including the Kootenays, Boundary area as far as Rock Creek, and Columbia-Shusw and as far as Revelstoke.
- \$75 for the Okanagan
- \$100 for the lower mainland, island, and northern BC.

This amount will be matched by the school if the team is travelling beyond the Okanagan. Total cost will be considered, and further subsidy possibly provided upon approval of AD and Administration sign-off.

ATHLETIC DIRECTOR & TEACHER RESPONSIBILITIES

Athletic Director

COACHING

- Make staff aware of athletic needs and interests.
- Search out and allocate personnel for coaching and/or teacher sponsor roles.
- Organize and facilitate seasonal sport meetings with coaches/ teacher sponsors.
- Interpret league policy and athletic association requirements for coaches.
- Communicate with coaches re: league meetings, professional development, etc.

ATHLETE / PARENT / COACH RELATIONS AND COMMUNICATION

- Disseminate athletics information to students and parents.
- Maintain the athletics portion of the school website
- Assume an administrative role when dealing with interpersonal issues between coaches, athletes and parents, as well as athletic disciplinary issues in consultation with the school administration.

Facilities, Uniforms & Equipment

- Coordinate facility use and prepare gymnasium and field schedules.
- Distribute uniforms and equipment.
- Order new and replacement uniforms and equipment.
- Collect and inventory uniforms and equipment at the end of each season.

BUDGET & FINANCES

- Coordinate department needs, funding, collection of fees, and purchases.
- Oversee Athletics budget and all team budgets in consultation with school admin.

AWARDS

- Oversee the upkeep of various athletic display cases.
- Collaborate with coaches and staff to determine awards recipients yearly

MISCELLANEOUS

- Report to the Selkirk Administration on the Athletics program
- Serve as the school liaison for outside athletic organizations (EKSAA, KSAA, BC School Sports, etc.)
- Coordinate registration and all paperwork including consents of all athletes with BC School Sports & the School District
- Attend district Athletic Director meetings and EKSAA meetings.
- Coordinate referees and scorekeepers in collaboration with referee allocators and our school leadership team.

Teacher Sponsor

AD AND COACH LIAISON

- Work with the school AD to support coach with administrative tasks such as:
 - Distributing and organizing jerseys
 - Communicating home to parents' schedules and team decisions
 - Hold meeting for the team if relevant

ORGANIZATION SUPPORT

- Ensure permission slips are collected.
- Ensure roster is correct and reflected on the manifest
- Act as a 'point person' at school if further support is needed.

Admin Support

	Clint	Brad	Michelle	PHE	Gwen	Jodie
AD Support	Coaches meeting/eligibility Register/opt-in with BC School Sports Budget-fees, school cash, and manifest review Bus request check-ins Hotel bookings- 2 nights or more and large groups liaison Practice schedule review Community bookings in gym e-calendar Coach recruitment support Team allocations-budget Budgets review and team refunds	Coaches meeting/eligibility Proposals, roster, budget-fees, school cash, and manifest review Bus request check-ins Bus Requests for tournaments	Proposals, roster, budget-fees, school cash, and manifest review Bus request check-ins	First Aid kits Uniforms- distribution, tracking and inventory of (see Jersey spreadsheet in AD folder) Assessments	Hotel bookings- 2 nights or more Or larger groups. School cash and budget tracking- late fees communication early, mid, and end of season Bus bookings	Manifests and permission form verification Selkirk Storm gym bookings- practice schedule/tournament etc. Volunteer/coaches eligibility STARS registration International student registration Eligibility requests and forms Student transfers

Fall	Coaches meeting liaison Girls volleyball proposals and permission forms review and liaison	Cross-country running Swimming, boys soccer, rugby proposals and permission forms review and liaison	Boys volleyball proposals and permission forms review and liaison			
Winter	Coaches meeting liaison Boys basketball proposals and permission forms review	Ski and snowboard and curling proposals and permission forms review and liaison	Bus Requests Girls basketball proposals and permission forms review			
Spring	Coaches meeting liaison Golf proposals and permission forms review and liaison Sports awards	Coaches meeting Rugby, Girls soccer, & Track and Field proposals and permission forms review and liaison	Bus Requests Mt. Biking proposals and permission forms review and liaison			

COMMUNICATION PROTOCOLS

Communication with the School

EMERGENCY

Emergency Situations – coaches will contact the player's parents or guardians to inform them of the situation; call the school administration.

Clint Dolgopol- 250-432-5336

Brad Carrier- 250-427-0927

Michelle Iacobucci – 250-432-5041

INJURY

Any injury that happens on the team needs to be recorded by the school. Coaches are to e-mail Jodie Smith Hodgson (Jodie.smith@sd6.bc.ca) and Athletic Director (gregg.woytowich@sd6.bc.ca), as with any injury we are required to submit an online incident report. As coaches (SD6 staff) and community coaches, you are not covered with any injuries while at practice.

Coaches, please email with the following information:

- Date and time of injury
- Nature of the injury
- Severity of the injury
- Steps taken once the injury happened.

COMMUNICATION WITH AD

Coaches and parents will communicate with the Athletic Director exclusively by email or via Selkirk's phone. Text and personal cell phone calls should only be used in emergencies or dire time-sensitive issues. The Athletic Director has a right to disconnect and should not be contacted on the weekend or after work hours unless necessary.

Communication with/for Parents

THE 24/48 RULE

Sports and competition can become emotional. Children and teams try their best and compete, but coaches or spectators may not always agree with how certain situations play out. For this reason, Selkirk Storm Athletics endorses the 24/48 rule.

This rule states that parents and/or spectators who have a sport-related issue that requires direct contact with the coach or athletic/tournament-director wait 24 hours from the time of the incident to allow reflection and emotions to cool. The issue then must be brought to the coach's or school's attention within 48 hours or be forever dropped.

This system is used in many sports and has the best chance of success rate in resolving issues. Coaches usually enjoy and appreciate feedback so long as it is done in a civilized manner. The 24/48 rule allows emotional topics to be discussed with part of the emotion removed and does not interrupt practice/game time.

If you are coaching on your own, please remain open to the public (see Rule of Two information below). If you are concerned about a parent or guardian's presence at practice, please let the Athletic Director and

administration know so they can support you. If you are coaching with an assistant or as an assistant, it is not uncommon to have closed practices to optimize athlete focus. In these cases, we recommend that you open your practice to the public for the last 15-30 minutes. During this time, most practices are running through game-play, or game-like situations and it is beneficial for the athletes to get used to performing with spectators. It also gives parents/guardians a chance to watch for a few minutes as they are often there to pick up their athlete.

ONGOING COMMUNICATION

As a coach or in coordination with the teacher sponsor, it is your responsibility to maintain communication with parents for the season. You are responsible for:

- Updates regarding tournament departures and draws.
- Updates regarding practice time changes and updates accordingly
- Important team decisions, such as, one particular group attending zones.
- Provincials' intent.

Communication with Athletes

The **Rule of Two** is to ensure all interactions and communications are in open, observable, and justifiable settings.

How the **Rule of Two** works:

- Work as a team
 - A coach should have another coach or screened adult (parent or volunteer) present when interacting with participants (especially in one-on-one conversations).
 - We recognize that some teams will have one adult present during practices, it is important that if one-on-one conversations happen another athlete, screened adult, or teacher sponsor is present.
- Remain open to the public.
 - If you are coaching on your own, have a training environment that ensures all situations are open, observable, and justifiable. If you are coaching with other adults present, it is fine to close practice to maintain optimal focus level (see information in Communication with Parents section).
- Transparent communication
 - Ensure that all communications are sent to the group and/or include parents or guardian, without one-to-one messaging.

Newspaper/social media

Newspaper photos/articles/social media- send anything you want to put to social media or to the Bulletin to Athletic Directors/administration for approval before submitting.

Live streaming, if any parents want to live stream a game, the roster must be checked to ensure all players have their media release forms in. Without this confirmation livestreaming is not allowed.

COACHES CODE OF CONDUCT

OVERVIEW

The athlete/coach relationship is a privileged one. Coaches play a critical role in the personal and athletic development of their athletes. They must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it. Coaches must also recognize that they are conduits through which a sport organization's values and goals are channeled. Thus, how an athlete regards his/her sport is often dependent on the behavior of the coach. The following Code of Conduct has been developed by BC School Sports to aid coaches in achieving a level of behavior that will allow them to assist their athletes in becoming well-rounded, self-confident and productive human beings.

BCSS COACHES CODE OF CONDUCT

- 271.0 The coach/student-athlete relationship is a privileged one. Coaches play a critical role in the personal and athletic development of their student-athletes. Therefore, coaches are expected to model the fundamentally positive aspects of school sport. Coaches, including community coaches:

272.0 RULES OF CONDUCT

- 272.1 Shall recognize that school sport is an extension of the classroom, and shall conduct themselves accordingly when performing coaching duties;
- 272.2 Shall observe the Competitive Rules and Regulations of BCSS, and those of their local athletic association and applicable sport commission;
- 272.3 Shall observe the rules of the sport, the spirit of the rules of the sport, and shall encourage student-athletes to do the same;
- 272.4 Shall fulfil all competition, invitational, playoff and championship competitive and event obligations, in accordance with athletic association policy, sport commission policy and tournament-related agreements;
- 272.5 Shall treat all participants fairly and equitably, by refraining from discriminating against any student-athlete with respect to race, color, ancestry, place of origin, religion, family status, physical or mental disability, sex or sexual orientation;
- 272.6 Shall respect the rulings of officials without gesture or argument, and shall require student-athletes to do the same;
- 272.7 Shall not use foul, profane, harassing or offensive language or gestures in the conduct of coaching duties;
- 272.8 Shall not use physical force of any kind in the conduct of coaching duties;
- 272.9 Shall not, under any circumstances, endorse, recommend, or suggest the use of performance-enhancing drugs or supplements by any student-athlete;

- *272.10 Shall abstain from the use of tobacco products and alcohol while in the presence of student-athletes, and shall discourage their use by student-athletes;
- 272.11 Shall not, under any circumstances, require or imply that a student-athlete must be involved in any summer program or club program as part of his/her responsibilities as a school team member;
- 272.12 Shall not, under any circumstances, require or imply that a student-athlete cannot or should not participate in any BCSS-approved sport in the season preceding or following the coach's season of play; and
- 272.13 Shall not, under any circumstances, start pre-season tryouts or practices to the detriment of any in-season sport.

273.0 PROCEDURE FOR COMPLAINTS REGARDING RULES OF CONDUCT

- 273.1 Subject to 273.2, all complaints alleging a violation of the Rules of Conduct by a coach shall be processed in accordance with the Rules and Regulations of the local athletic association to which the coach's school belongs.
- 273.2 All complaints alleging a violation of the Rules of Conduct by a coach during or in connection with zone playoff or provincial championship competition shall be processed in accordance with the Rules and Regulations of the applicable sport commission.
- 273.3 There is no appeal to BCSS or any of its committees from a decision of a local athletic association or sport commission.

*Or when supervising athletes, including, driving parent volunteers or teacher sponsors.

ATHLETE CODE OF CONDUCT

Athlete Contract

Selkirk Secondary School
Selkirk Athletics
Kimberley, BC
June 22, 2022

Athlete **Last Name**, _____ **First Name**, _____

Athlete **Grade** _____

Dear Parent/Guardian and Student Athlete,

A student-athlete's actions reflect themselves, their team, school, and community. A student's involvement in school sports provides opportunities and experiences that are important to the development of a well-rounded student. However, student-athletes must remember that their participation in school sport is a ***privilege, not a right.***

Student-athletes shall treat everyone with respect; exercise self-control at all times and play fair.

SELKIRK ATHLETE EXPECTATIONS

- I agree that my conduct will be in accordance with that outlined in the School Code of Conduct; including attendance, behavior, and academic performance.
- I recognize that I must be in good academic standing to maintain my position on a school team. I will connect with my teachers to get any missed work *prior* to missing school for sports events.
- I agree that I must attend school on days of practices and the Friday prior to tournaments. If there are attendance concerns an athlete may lose the privilege of attending games or tournaments. I also understand that I will not be able to attend practice on a day that I have not attended school.
- I recognize my Coach and/or Teacher Sponsor is my supervisor and will have the final say while I am traveling or participating with a school team.
- I recognize that when traveling on a school trip and with a school team that I must comply, **without reminder**, with the rules for the bus, MFAB, or private vehicle as laid out by my coach, the adult chaperone, and/or the bus driver.
- I recognize that if I breach the code of conduct, I **lose my privilege to participate for at least 30 days**. After 30 calendar days, I may apply (in writing) to the school administrator for possible reinstatement.
- I recognize that season fees will be due prior to the first event.
- The uniform is to be returned in good condition at the end of the season or pay a replacement cost.
- **I agree to the terms and conditions outlined in this contract and will abide by them.**

BCSS ATHLETE CODE OF ETHICS

411.0 ATHLETE CODE OF ETHICS

BC School Sports, school districts and your school consider it to be a privilege to represent your school in an athletic competition. Therefore, certain behavioral expectations come with this selection. Student-athletes are expected to uphold the following standards:

- 411.1 Treat all participants fairly, regardless of gender, race, sexual orientation, religion, physical or mental abilities, political belief or economic status.
- 411.2 Embrace the highest ideals of sportsmanship, ethical conduct and fair play. Be modest in victory and gracious in defeat.
- 411.3 Show respect and give courtesy to opponents, officials, volunteers, teammates, spectators and coaches at all times.
- 411.4 Uphold the rules of the sport, spirit of such rules and encourage other athletes to do the same.
- 411.5 Represent yourself, your parents, your school and your community with proper conduct at all times on or off the playing field.
- 411.6 Respect other athletes' dignity and acknowledge that verbal or physical behavior that constitutes harassment or abuse is unacceptable.
- 411.7 Participate in a manner that ensures the safety of fans, athletes, coaches and officials.
- 411.8 Accept decisions of officials without dispute.
- 411.9 Shall not use the media, social media or networking forums to criticize or threaten other student-athletes, coaches, officials, school teams, spectators or BCSS.
- 411.10 Demonstrate that it is a privilege to represent your school.

Student Name: _____ Student Signature: _____

Date: _____

Student-Athlete Discipline

Generally, discipline within the scope of athletic practice and competition during inter-school competition at Selkirk shall be the responsibility of the individual coach and team officials. The coach and/or sponsor have the initial responsibility to clarify goals and expectations of the program to all involved. Example: poor practice

attendance resulting in less playing time. In some cases of competition, the East Kootenay Schools Athletics Association (EKSAA) or BC School Sports becomes involved. E.g.: Technical, Red Cards, abuse of officials, etc.

The Athletic Director and/or the administration will become involved in a discipline issue when the student-athlete's behavior is deemed beyond the scope of the team and/or extends beyond the scope of athletic competition. Some examples include:

- Where a representative of Selkirk acts in such a manner that the integrity of our athletic program and school is questioned;
- When an individual or group of Selkirk athletes are in violation of the student Code of Conduct (i.e. involved with drinking alcohol, fighting, or using drugs during a school sporting event or on a field trip);
- Where an individual or group of athletes quits a team without a valid excuse such as a medical issue.

Coaches should ensure the Athletic Director and/or Selkirk Administration are made aware of any disciplinary issues as soon as possible.

TOURNAMENTS AND TRIPS

Guidelines for Season Play

Bantam Teams:

- 4 to 6 tournaments/game days per season that include travel and time missed from school
- Travel limited to 4 ½ hour one-way driving distance from school (Typically East Kootenays for DTSS and Selkirk, but including Salmon Arm and other Okanagan locations for GSS)
- Teams would not normally stay overnight, however, if the schedule dictates they may need to stay overnight for a Friday or Saturday
- Tournament schedule needs to be approved by the Athletic Director and administrator in charge of athletics

Junior Teams:

- 4 to 6 tournaments/game days per season that include travel and time missed from school
- Travel limited to 4 ½ hour one-way driving distance from school (Typically East Kootenays for DTSS and Selkirk, but including Salmon Arm and other Okanagan locations for GSS) plus 1 further tournament within a 6 hour distance
- If appropriate, opportunity to participate in unsanctioned Provincial tournament
- Overnight stay permitted if schedule dictates
- Tournament schedule needs to be approved by the Athletic Director and administrator in charge of athletics

Senior Teams:

- 7 to 8 tournaments per season that include travel and time missed from school
- Travel limited to 6-7 hour distance one-way driving distance from school, one further tournament, and Provincials (if qualified)
- Tournament schedule needs to be approved by the Athletic Director and administrator in charge of athletics

Travel Requirements:

- Teams will typically travel to out of town tournaments using district vans (driven by qualified drivers) or SD6 school buses (driven by CUPE drivers)
- Administrators may cancel team travel if weather/road conditions are poor
- If weather conditions change after a team is at the out of town tournament, causing poor roads/travel conditions, coaches must contact school administrators to make a decision about when to return home
- Teams just leave the tournament with enough time to get home before midnight. If that isn't possible due to the tournament schedule then teams should stay overnight
- Driver guidelines must be adhered to (i.e. length of day for coach/driver)

Home Tournament Expectations

The tournament schedule is created in coordination with west and east Kootenay athletic directors. In order to facilitate home tournament, there must be an SD6 teacher on site to run the tournament.

Home Tournament – schedule, teams, and referees, scorekeepers are coordinated by the AD

- Ensure the gym is set up and taken down.
- Occasionally PE will help set up the gym on Friday – connect with AD.
- Post up tournament signage – provided by AD.
- Scoresheets at scorekeeping tables.
- Track games and update tournament draw with wins and losses.
- Set-up coaches and officiating room.
- Collect tournament fees from each team attending – give to AD.
- Set up team spaces for when visiting teams are not playing. The space used for this is the cafeteria. Designate certain areas.

Away Trip Expectations

- **Hotels and Accommodations:** once the schedule is confirmed by the athletic director, any away tournament that requires hotel accommodations is to be booked and reserved by the coach or team parent.
- **Transportation-Bus Requests** submitted by the Athletic Director for scheduled season tournaments.
- **Bus or Private Vehicle Manifest** – To be left at the school office. Updated and accurate manifest signed by administration along with properly filled in Parent Permission Forms left at Secretaries desk.
 - It is the coach's responsibility to ensure the manifest is accurate and a copy is left in the office, with the bus driver, and one on your person.
 - It is the coach's responsibility to ensure that any changes to the manifest are communicated promptly to the AD.
 - If you are departing prior the school opening or have any changes, please e-mail in any updates to gregg.woytowich@sd6.bc.ca, clint.dolgopol@sd6.bc.ca, and/or gwen.zanini@sd6.bc.ca or call the school at 250-427-4827.
 - A bus manifest will be required for the bus driver for each day of travel. This will include all passengers including coaches.
 - Players cannot cross over to different vehicles.
 - Players may leave with their Parent/Guardian but with nobody else. (i.e. friends, older sibling, other parent, coach). Please make this clear at your parents' meeting. **This must be indicated prior to the trip on the team manifest.**
 - **Note:** Athletic Directors will print a team package for you that can be used throughout your season once you submit your roster. These will be available in the office mailboxes. The package will include **medical information** (please take this with you on your trip)

Failure to follow travelling protocol may result in immediate dismissal from your volunteer coaching duties.

Private Vehicle Policy

- Private Vehicles will only be considered in extenuating circumstances with board approval.
- Please refer to policy: [Volunteer Driver District Practice 7300](#)

Expectations and Procedures for School Trips – reviewed with all players.

- Students are to follow, without reminder, appropriate behavior on school buses while traveling.
- Students are to remain with the team during the duration of the trip, unless indicated by the coach.
- Students will not engage in any vaping or smoking while on a school trip.
- Students must be within 10 minutes of a coach/adult.
- Students must use the buddy system.

Away Tournaments – please see tournament calendar. Tournament draws will be emailed to the coach as soon as it becomes available. Please email this draw out to parents.

Equipment a ball bag which should be taken on each trip and returned to the gym no later than Monday morning. You may choose to send an athlete to school with the ball bag to return, or you come up to Selkirk to return the balls.

*This is imperative as our PE program also uses the equipment.

Overnight Trips

To support equitable access and manage the rising costs of school sports, the school has adopted guiding principles regarding how athletic fees are used, including specific practices for overnight travel.

Overnight Travel Criteria

To help keep participation costs reasonable and predictable for families, we've established a general geographic threshold for overnight trips. Travel within the region defined by **Invermere (north), Fernie (east), and Creston (west)** is typically considered same-day travel. Locations beyond this boundary may qualify for overnight stays, provided there are **exceptional circumstances**, such as tournament scheduling or safety-related travel concerns.

Planning Requirements

All overnight travel must comply with district policy, which includes:

- Submission of a formal proposal (can be included in original permission form sent home)
- Completion of bus requisition forms
- Appropriate setup and adjustment of School Cash fees
- Communication with families of the sport

These steps require **advance planning** and may not be feasible if requested late in the season.

Looking Ahead

Coaches are encouraged to explore potential tournaments or friendly competitions outside the immediate travel region well ahead of the season. Early planning allows time to organize logistics, adjust fees appropriately, and ensure that families are informed and prepared.

If you're considering extended travel opportunities, please reach out to school administration during the planning window to discuss options and align with district expectations.

Fees/Renumeration

Fees

Each team has its own budget. Fees will be collected based on cost for the season including tournament entry fees, transportation costs, uniform costs, processing fees, accommodation costs, and hotel costs if applicable. If there is money remaining at the end of the season, it will be refunded to families.

Coach Renumeration

Coaches are entitled to remuneration for the following expenses:

- Coach per-diem up to \$50 per day
- Hotel costs (paid for by players)
- Hotel Accommodations booked through the coach. A receipt must be submitted to confirm payment and a cheque will be issued promptly.

Parent Renumeration

Parent Chaperone Renumeration

- Hotel costs (paid for by players)
 - Only if you are attending to meet supervision ratios or are parent driver.
- Per-diem of up to \$50 per day

Remuneration Requirements

To be reimbursed for your expenses you must do the following:

- Submit **itemized** receipts.
 - You will not be reimbursed if: you are missing a receipt, you take a screenshot of your bank account as a receipt, you have purchased your child's meal or have personal expenses on the same receipt.
- If you are a parent-coach, you must only submit receipts with your expenses on it (e.g., you cannot pay for your child's bill on the same receipt).
- Drop receipts off, labelled, to the office.

Coach Season Checklist

Pre-Season Responsibilities

- All coaches must complete the following before they can be eligible to coach a team:
 - I. Criminal Record Check (within 5 years)
 - II. Child Abuse Report Protocol
 - i. <https://www.sd6.bc.ca/parents/child-abuse-reporting-protocol-and-volunteer-code-of-conduct-training>
 - ii. They then select the form that applies from the list below
 - III. Concussion Training (every 2 years)
 - i. <https://cattonline.com/school-professional/>
 - IV. Safe Sport Training
 - i. <https://thelocker.coach.ca/account/login?ReturnUrl=%2f>
 - V. Rule-of-Two Training
 - i. <https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

Beginning of Season

- Coaches must conduct a parent meeting
- Send Team Roster to Athletic Director
- Hand out uniforms and record

End of Season

- **Expense Claim Form** for any costs incurred to Athletic Directors/Administration (food, gas, accommodation); all receipts must be submitted & itemized. Receipts should only contain coach expenses and not include player expenses. (i.e. Parent coaches make 2 payments at lunch/dinner)
- **First Aid Kit** returned and any other athletic equipment to Athletic Department
- Submit **photos** from the season to AD's or Administration.
- **Collect uniforms** from the players and return with full set to Athletic Directors (AD's will give you your bin back towards the end of the season)

Common Selkirk sports and seasons of play

FALL- Sept- end of Nov.	WINTER- Dec.-end of Feb.	SPRING- March-May
Girls and Boys volleyball Boys soccer Boys rugby- 7's X-country running Swimming	Girls and boys basketball Ski and snowboard Curling	Girls soccer Boys rugby- 14's Golf Girls rugby (depends on year) Track and Field (if coaching and enough interest) Baseball (if coaching and enough interest) Tennis (if coaching and enough interest)

Appendices

Appendix A: Volleyball Tryout Template

Criteria: Novice 1; Amateur 2; Proficient 3; Master 4

Athlete	Passing	Setting	Serving	Attacking	Volleyball Game Sense	Coachability/ Sportsmanship
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						

Appendix B: Basketball Tryout Template

Criteria: Novice 1; Amateur 2; Proficient 3; Master 4

Athlete	Shooting	Passing	Dribbling	Court-Awareness	Coachability/ Sportsmanship
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					

Appendix C: Coach Practice Expectations

- A practice plan has been developed that is organized and well-structured and includes an introduction, warm-up, main-part, cool-down, and conclusion.
- Practice is appropriate for the age and ability of the athletes.
- The practice session reflects your season of play (early season, mid-season, competition phase).
- You have done a safety check in the gymnasium before practice begins, and an Emergency Action Plan has been prepared in the event of an emergency.
- The drills and activities for the practice have well defined goals.
- The goals & purpose of the practice session have been communicated to the athletes in the introduction (I also suggest posting your practice plan on the gym wall).
- Instructions to athletes are specific, brief and straightforward (a visual demonstration is important).
- Transitions between activities are quick and efficient and ensure drink breaks when necessary.
- All athletes are actively involved throughout the majority of practice.
- The athlete understands their responsibility in practice is to listen carefully to instructions and perform the tasks to the best of their ability.
- Athletes are having fun and are genuinely interested in the activities at practice.
- The practice starts and finishes on time, and the overall tone is positive.
- The conclusion includes an overall evaluation of the session to see if the session goals were met and if the athletes were focused and meeting expectations.

MANFIEST

10/5/23, 11:20 AM

Manifest

Usual Last	Usual First	Gender	DOB	Grade	1st Contact > Name	1st Contact > Home Phone	1st Contact > Cellphone
Pavan	Vanessa	F	4/19/2006	12			
Dolgopol	Clint	M	12/21/2010	08			
Gruggen	Mike	M	6/18/2006	12			
Wetmore	Drew	M	2/6/2007	11			
McInnis	Scott	M	9/3/2010	08			

Medical Alert

LISTS OF KEY ALLERGIES OR MEDICAL CONCERNS GO HERE

Coaches:

COACH INFORMATION

Date:**Location:****Departure Time:**

- As a coach, I also understand that it is my responsibility to ensure that all forms are in and completed before departing for the trip.
- I confirm that all permission forms are in and fully completed for all students participating in this trip.
- I understand that no student can attend the trip without their completed form in

Coach Signature: _____**Admin Signature:** _____

Appendix E: Parent Meeting Sample Agenda

1. Introduction
 - a. Tell parents/guardians about yourself as an athlete, coach or parent.
 - b. Have parents/guardian introduce themselves and who their athlete is
 - c. Explain what type of coach you are. What is your coaching philosophy and how does it align with Selkirk's school philosophy
2. Rules and Expectations
 - a. Expectations of athletes
 - b. Review the athlete code of conduct
 - c. Supervision, Direct and Indirect Supervision
3. Logistics
 - a. Parent permission slips signing for the season
 - b. Tournament calendar overview
 - c. Providing your contact information
4. Equipment
 - a. What athletes should bring to practice/games
5. Questions etc.

COACH AGREEMENT

You will detach this form and provide it to the Athletic Director.

This agreement outlined the responsibilities of a Selkirk Secondary School Coach. By reading and signing this agreement, you are hereby acknowledging the requirements and guidelines set out by Selkirk, as a volunteer coach.

Please initial if you understand and agree to the:

_____ Selkirk Athletic Philosophy

_____ Role of the Athletic Director & Teacher Sponsor

_____ Communication Protocols

_____ Coaches Code of Conduct

_____ Athletic Code of Conduct

_____ Home Tournament Responsibilities

_____ Away Tournament Responsibilities

_____ Season Checklist and Responsibilities

_____ Parent Meeting Expectations

I Acknowledge I have read the Coaches agreement and accept it as a guiding principle of my coaching efforts and conduct for Selkirk Secondary School.

Name of Coach: _____

Signature of Coach: _____ Date: _____

Email: _____

Cell #: _____